



# TOWN OF JUPITER

## Senior Resource Guide



This guide provides valuable information for all types of programs for adults ages 50 and over. Information was compiled by the Town of Jupiter Neighborhood Services Department (561-741-2278) and the Recreation Division (561-741-2400), both of which are located inside the Jupiter Community Center at 200 Military Trail, Jupiter, FL 33458.

### HEALTH SERVICES

ORGANIZATION	CONTACT	INFORMATION
<b>My Clinic Jupiter</b>	6405 Indiantown Road Jupiter, FL 33458 (561) 203-7511 www.MyClinicJupiter.org	My Clinic offers adult-only, primary non-emergency medical care. Open most Tuesdays through Saturday. Appointments are strongly recommended.
<b>SHINE (Serving Health Insurance Needs of Elders)</b>	(800) 963-5337 www.floridashine.org	SHINE is a program offered by the Florida Dept. of Elder Affairs at no cost to you to assist with Medicare, Medicaid and Health Insurance issues.
<b>Audiology with a Heart, Inc.</b>	2324 S. Congress Ave, Suite 2G Palm Springs, FL 33406 (561) 366-7219 www.AudiologyWithAHeart.com	A resource for deaf and hearing impaired. Receive an amplified or specialized telephone at not cost. Call for an appointment - a representative is at the Jupiter Community Center the last Tuesday of each month from 10am-2pm.

Continued on next page >

## ASSISTANCE PROGRAMS

ORGANIZATION	CONTACT	INFORMATION
<b>Department of Children and Families (DCF)</b>	Ana Estebanez ACCESS Eligibility Specialist, C.A.P 6415 Indiantown Road Jupiter, FL 33458 (561) 694-5475 <a href="http://www.myflorida.com/accessflorida">http://www.myflorida.com/accessflorida</a>	DCF can assist qualified residents with Food Stamps, Medicaid, and Cash Assistance; call for appointment.
<b>Legal Aid Society of Palm Beach County</b>	423 Fern Street, Suite 200 West Palm Beach, FL 33401 (561) 655-8944	Provides free civil legal services to the disadvantaged, disabled, elderly or children.
<b>Palm Beach County Division of Senior Services</b>	810 Datura Street West Palm Beach, FL 33401 (561) 355-4746 West Palm Beach (561) 694-5435 Palm Beach Gardens <a href="http://www.pbcgov.org/communityservices/programs/seniorservices">www.pbcgov.org/communityservices/programs/seniorservices</a>	Various services for senior citizens, including adult day care, case management, nutrition and home energy assistance. North County Adult Day Care & Senior Center located at 5217 Northlake Blvd., Palm Beach Gardens, FL 33418.
<b>Social Service/Crisis Referrals for Palm Beach &amp; Treasure Coast Residents</b>	Call 211 <a href="http://www.211palmbeach.org">www.211palmbeach.org</a>	Connects people to services 24 hours a day by understanding their individual emotional, financial and community needs and to support the health & human service system as a whole; services include in-home services for frail elders, food nutrition and meal programs, transportation options, legal assistance providers, Medicare and other insurances, education opportunities, health care, housing and placement services, caregiver resources and many more. Free and confidential.
<b>Town of Jupiter Neighborhood Services</b>	Jupiter Community Center 200 Military Trail Jupiter, FL 33458 (561) 741-2278 <a href="http://www.jupiter.fl.us/neighborhoods">www.jupiter.fl.us/neighborhoods</a>	Works with residents to maintain and improve the quality of life in Jupiter and focuses on strategies that make all neighborhoods desirable places to live; provides financial, housing and leadership workshops, grant opportunities, neighborhood cleanups and assistance locating public and social services.
<b>Workforce Alliance</b>	1951 N. Military Trail, Suite D West Palm Beach, FL 33409 (561) 340-1061 <a href="http://www.careersourcepbc.com">http://www.careersourcepbc.com</a>	Provides services for job seekers with job leads, training, computer classes and more.

**SOCIAL OPPORTUNITIES**

ORGANIZATION	CONTACT	INFORMATION
<b>Jupiter Tequesta Garden Club</b>	Donna Soreno (561) 972-4713	Group meets first Monday of the month at Jupiter Community Center; furthers education in fields of gardening, horticulture, botany, floral design, landscape design, environmental awareness through the conservation of natural resources, civic beautification, nature studies.
<b>Jupiter Tequesta Orchid Society</b>	www.jupitertequestaorchidsociety.com cherie.blickenstaff@pw.utc.com	Group meets 2nd Wednesday of the month at the Jupiter Community Center; renowned experts as speakers at meetings; each meeting is unique with member Orchid Show-n-Tell, Orchid Sales, Orchid Raffles, Networking, Coffee and refreshment; the meetings are open to the public; membership fees are \$25 pp/year and \$30 for a 2 person family membership/year.
<b>Jupiter Tequesta Senior Citizens Club</b>	President - Idella Harris (561) 346-5036	Social group meets 2nd and 4th Monday of the month at the Jupiter Community Center; potluck at every meeting, guest speaker at second Monday meeting, White Elephant Bingo at fourth Monday meeting, annual picnic and catered holiday party; \$10 annual dues.
<b>Jupiter Tequesta Women's Club</b>	Sheryl Molter (561) 719-6816 moltergfwfl@gmail.com	Social group meets the 2nd Tuesday of the month at the Jupiter Community Center; lunch served at noon, meeting begins at 1PM. The Women's Club is an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.
<b>Palm Beach County Senior Services</b>	810 Datura Street West Palm Beach, FL 33401 (561) 355-4746 www.pbcgov.org/communityservices	Open Monday-Friday, 8am-5pm; no membership fee, minimal fee for some classes; activities include exercise, discussion groups, classes, health education, special events, social games, etc.
<b>Sons of Italy</b>	Maria Mazzarella (561) 346-5584 www.osia.org	Meets at Jupiter Community Center last Wednesday of the month; national organization of men and women who represent the estimated 26 million Americans of Italian heritage, dedicated to promoting our culture, our traditions, our language, the legacy of our ancestors, and our contributions to the U.S. and the world;
<b>Town of Jupiter 50+ Activities &amp; Programs</b>	Michael Frabotta Recreation Coordinator michaelf@jupiter.fl.us (561) 741-2400 www.jupiter.fl.us/recreation	Recreational opportunities include dances, concerts, movie matinees, trips, educational seminars, special events and weekly social games; activities vary from season to season as do fees

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## FOOD SERVICES

ORGANIZATION	CONTACT	INFORMATION
<b>Jupiter Food Pantry</b>	Jupiter Neighborhood Resource Ctr. 106 Military Trail, Jupiter, FL 33458 (561) 745-9860 <a href="http://www.crosministries.org/pantries">www.crosministries.org/pantries</a>	Open every Tuesday and Friday from 2pm-4pm; bring identification for each person receiving food.
<b>St. Peter Catholic Church Food Pantry</b>	Carol Licata St. Peter Catholic Church 1701 Indian Creek Parkway Jupiter, FL 33458 (561) 277-8184 or (561) 575-0837 <a href="http://www.stpetercatholicchurch.com/Ministries">www.stpetercatholicchurch.com/Ministries</a>	2nd and 4th Saturday of each month from 8:30-9:30am. Distribution of non-perishable food to the needy.

## TRANSPORTATION

ORGANIZATION	CONTACT	INFORMATION
<b>Palm Tran Connection</b>	Call (561) 649-9838 or (877) 870-9849 to reserve transportation <a href="http://www.pbcgov.com/palmtran">www.pbcgov.com/palmtran</a>	Shared ride, door-to-door paratransit service providing transportation within Palm Beach County for disabled residents and visitors falling under the ADA Program, Division of Senior Services Program and Transportation Disadvantaged Program.

## FINANCIAL SERVICES

ORGANIZATION	CONTACT	INFORMATION
<b>Federal Mortgage Assistance Program</b>	Florida Hardest Hit Help <a href="http://www.flhardesthithelp.org">www.flhardesthithelp.org</a>	Program designed to aid those hit hard by the economic and housing market.
<b>Home Energy Assistance (LIHEAP)</b>	PBC Community Action Program 6515 Indiantown Road Jupiter, FL 33458 (561) 694-5471	Assistance to help pay FPL utility bill (must have received shut off notice or bill is delinquent, and income qualify).
<b>Housing Partnership, Inc.</b>	2001 Blue Heron Blvd. Riviera Beach, FL 33404 (561) 841-3500, Ext. 1002 <a href="http://www.gocpg.org/housing-partnership">http://www.gocpg.org/housing-partnership</a>	Housing Partnership offers everything a family needs to know to buy a home (home buying process, mortgage lending, first time home buyer programs, etc.).
<b>Free Annual Credit Report</b>	<a href="http://www.AnnualCreditReport.com">www.AnnualCreditReport.com</a>	This central site allows you to request a free credit file disclosure (credit report), once every 12 months from each of the nationwide consumer credit reporting companies: Equifax, Experian and TransUnion.

For more information, please visit [www.jupiter.fl.us/neighborhoods](http://www.jupiter.fl.us/neighborhoods).