

Jupiter Recreation Connection

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Note from the Recreation Director

Welcome to 2021! The holiday season marked the end of a turbulent, abnormal and challenging year. We hope that you and your families have been able to remain safe, healthy and happy. While we were disappointed to have to cancel our events and programs over the last several months, we know that it was the right decision to keep our community safe during the pandemic.

In an effort to resume some activities, we continue to monitor current CDC, national, state and local health department guidelines related to the COVID-19 pandemic. Safety has always been and remains the number one priority for our participants and their families while offering engaging, fun and rewarding recreational experiences. Recreation staff is working to provide options that are both safe and practical for all of our programs – whether it is a youth camp, senior program, senior trip, community event, or adult or youth class.

As the Jupiter Community Center resumes in-person programs, the Recreation Department is committed to continue to offer safe, quality activities. Safety protocols have been developed including required pre-registration for activities, increased cleaning and sanitization of the facility, reduced capacity for activities, social distancing during activities, and reduced use of shared equipment.

In addition to activities at the Community Center, we are happy that activities such as youth and adult sports leagues have resumed at our parks and athletic facilities. We look forward to a day when we can also safely resume community events and youth camps.

The value of both indoor and outdoor recreation and social activities may have never been more important than now, as society works to safely return to a version of normal. With your safety our highest priority, we are excited to see members of the community once again enjoying Jupiter's beautiful recreational facilities and parks. Whether you enjoy organized activities at one of our facilities, or just enjoy a walk through one of our beautiful parks or natural areas, we hope that you safely enjoy the beautiful South Florida winter!

Kristin George - Director of Recreation

Jupiter Community Center Safety Protocols

- Pre-registration for all activities
- Limited capacity in programs, classes and activities
- Increased cleaning and sanitization
- Social distancing during activities
- Reduced use of shared equipment

Spring Special Events

We hope to offer in person events soon! Please continue to check our website and follow us on social media for the most up-to-date information regarding events including Family Movie Nights, the Annual Easter Egg Hunt, and the Turtle Trot 5K Race.

Community Center Closings

Closed New Years Day, Friday, January 1st
Closed Martin Luther King Day, Monday January 18th
Closed President's Day, Monday, February 15th

Youth Programs

Youth programs provide a variety of activities to stimulate the body and mind, and are geared towards kids up to 17 years old. Programs take place at the Jupiter Community Center unless otherwise noted. Full program descriptions can be found at www.jupiter.fl.us/Recreation. Prices are listed for residents (R) and non-residents (NR). Fees for classes in progress are prorated. No classes on January 18, February 15 or March 15-25.

General Youth - 552201

Class	Age	Day	Date	Time	R/NR Fee
Mini's Creative Movement	2-3	Tue	Jan 5-Mar 9	9:15-10:00am	\$100/\$125
Home School Art in Nature	5-11	Tue	Jan 5-Mar 9	1:00-4:00pm	\$100/\$125
Beginning Combo Dance	5-7	Wed	Jan 6-Mar 10	3:00-3:45pm	\$100/\$125
Tiny Tots	3-4	Thu	Jan 7-Mar 11	9:00-9:45am	\$100/\$125
Intermediate Combo Dance	8-12	Sat	Jan 9-Mar 13	9:00-10:00am	\$100/\$125

School's Out and Summer Day Camps

We are closely monitoring safety guidelines for offering camps. Please continue to check our website and follow us on social media (above) for the most up-to-date information regarding our youth camp program.

Child & Babysitting Safety Course for Ages 11-15

Saturday, February 20
9:00 am – 1:00 pm
Resident fee: \$75; non-resident fee: \$94

The American Safety and Health Institute (ASHI) Child and Babysitting Safety training program is designed to focus on supervising, caring for, and keeping children and infants safe in babysitting settings. The program provides fundamental information on the business of babysitting, proper supervision, basic caregiving skills, and responding properly to ill or injured children or infants. This is an ASHI Certification course. More information on ASHI can be found at emergencycare.hsi.com/child-and-babysitting-safety. For specific course information, please contact the instructor, Jason Griffis, at **561-379-9221** or at grif2067@me.com.

For more information, please contact Ned Masee at **561-741-2400** or visit www.jupiter.fl.us/Recreation.

Adult Programs

There's something for everyone in our many adult program offerings. These programs focus on 18+ residents, and provide a great way to stay active and engaged on a regular basis. Programs take place at the Jupiter Community Center unless otherwise noted. Full descriptions can be found at www.jupiter.fl.us/Recreation. Prices are listed for residents (R) and non-residents (NR). Fees for classes in progress are prorated. No classes on January 18, February 15 or March 15 - 22.

Art – 111203

Class	Day	Date	Time	R/NR Fee
Painting for Fun	Mon	Jan 4-Mar 29	9:00-11:00am	\$10/\$12 per class
Making Jewelry	Mon	Jan 4- Mar 8	1:00-4:00pm	\$120/\$150
Painting for Fun	Tue	Jan 5-Mar 30	7:00-8:30pm	\$10/\$12 per class
Scrapbooking	Sat	Jan 9	9:00am-3:30pm	\$15/\$19
Scrapbooking	Sat	Mar 13	9:00am-3:30pm	\$15/\$19

Recreational Dance – 111201

Class	Day	Date	Time	R/NR Fee
Country Line Dancing (Intermediate)	Wed	Jan 6-Mar 10	7:15-8:15pm	\$70/\$88
Country Line Dancing (Beginner)	Thu	Jan 7-Mar 11	11:15am-12:15pm	\$70/\$88
Adult Tap (Beginner)	Thu	Jan 7-Mar 11	9:45-10:30am	\$100/\$125
Adult Tap (Intermediate/Advanced)	Fri	Jan 8-Mar 12	9:00-9:45am	\$100/\$125

Ongoing Fitness

Ongoing fitness classes can be joined at any time. Fees are based on a 10-class pass. Try any of the ongoing fitness classes FREE the first time. All ongoing classes must be registered for in-person; online registration is not available.

Class	Day	Time	R/NR Fee
Total Body Toning w/Nancy	Mon/Wed	8:45-9:45am	\$65/\$81
Silver Sneakers FLEX	Mon	11:15am-12:15pm	Free**
Stretch & Strengthen	Mon/Wed	5:45-6:45pm	\$65/\$81
Adult Self Defense	Mon	7:00-8:30pm	\$60/\$75
Total Body Toning w/Kathy	Tue/Thu	8:45-9:45am	\$65/\$81
Zumba	Tue/Thu	10:00-11:00am	\$65/\$81
Silver Sneakers FLEX	Wed	12:15-1:15pm	Free**
Aerobic Dance w/Kathy	Wed	10:00-11:00am	\$65/\$81
Restorative Stretch w/Nicole	Wed	4:00-5:00pm	\$70/\$88
Restorative Stretch w/Nicole	Fri	11:30am-12:30pm	\$70/\$88
Adult Self Defense	Sat	8:30-11:00am	\$60/\$75

**Free for participants with eligible health insurance plans

Wellness - 211101

Class	Day	Date	Time	R/NR Fee
Tai Chi (9 Weeks)	Mon	Jan 4-Mar 8	8:30-10:00am	\$40/\$50
Chair Yoga (3 weeks)	Mon	Jan 11-Feb 1	10:00-11:00am	\$24/\$30
Chair Yoga (3 weeks)	Mon	Feb 8-Mar 1	10:00-11:00am	\$24/\$30
Chair Yoga (3 weeks)	Mon	Mar 8-Apr 5	10:00-11:00am	\$24/\$30
Tai Chi (10 weeks)	Tue	Jan 5-Mar 9	6:30-8:00pm	\$50/\$63
Dance Fitness	Fri	Jan 8- Mar 12	10:00-11:00am	\$100/\$125
Dance Fitness & Adult Tap	Fri	Jan 8- Mar 12	9:00-11:00am	\$150/\$188
Chair Yoga (4 weeks)	Fri	Jan 8-Jan 29	9:30-10:30am	\$32/\$40
Chair Yoga (4 weeks)	Fri	Feb 5-Feb 26	9:30-10:30am	\$32/\$40
Chair Yoga (3 weeks)	Fri	Mar 5-Mar 26	9:30-10:30am	\$24/\$30

Ballet Classes - 111202

Class	Day	Date	Time	R/NR Fee
Ballet	Tue	Jan 12-Mar 9	6:30-8:00pm	\$135/\$169

Workshops and Seminars

CPR/AED CERTIFICATION (AGE 12+)

This 2.5 hour CPR/AED American Heart Association certification course teaches the techniques of adult, child and infant CPR; how to respond to a choking victim; and how to recognize the signs and symptoms of a heart attack and stroke. Additional elements can be added to this course to satisfy healthcare worker requirements. For specific class information, contact instructor Jason Griffis at 561-379-9221 or at grif2067@me.com.

Day	Date	Time	R/NR Fee
Thu	Jan 14	6:00-8:30pm	\$40/\$50
Thu	Feb 4	6:00-8:30pm	\$40/\$50
Thu	Mar 11	6:00-8:30pm	\$40/\$50

Athletic Leagues

The Town of Jupiter Recreation Department hosts over 20 adult athletic leagues with approximately 2,500 league participants each year. Leagues offered throughout the year include softball, flag football, soccer, basketball, volleyball, and baseball. For more information on the upcoming spring athletic leagues including dates, fees, and league contacts, please visit the Adult Athletics section at www.jupiter.fl.us/Recreation.

Leagues forming in February include:

- **SPRING**
 - Softball
 - Flag Football
 - Soccer
 - Volleyball
 - Basketball

Current on-going leagues include:

- **WINTER**
 - Softball
 - Flag Football
 - Soccer

The Town of Jupiter Recreation Department hosts over 20 adult athletic leagues with approximately 2,500 league participants per year. League play takes place at either Jupiter Community Park, Abacoa Community Park, or the Community Center.

Senior Programs

Registration required for all programs. Registration can be completed online at www.jupiter.fl.us/Recreation or in person at the Jupiter Community Center. Registration for the following programs opened December 14, 2020. Programs either take place at the Jupiter Community Center or depart from it, unless otherwise noted. Full program descriptions may be viewed online at www.jupiter.fl.us/Recreation. For questions regarding Senior Programs, please contact Michael Frabotta, at 561-741-2310 or michaelf@jupiter.fl.us. Prices are listed for residents (R) and non-residents (NR).

Drop In Social Activities

DAILY/WEEKLY ACTIVITIES:

The following programs are free and ongoing at the Community Center throughout the year unless otherwise noted.

Mondays

1:00-4:00pm - Monday Mixer: Come and play a variety of board and card games.

1:00-4:00pm - Mahjong

Tuesdays

12:45-4:00pm - Social Bridge

Thursdays

7:00-9:00pm - Stayin' Alive Social Group: An informal and fun group that discusses topics, plays games, and enjoys other activities.

Fridays

1:00-4:00pm - Friday Funday: Come and play a variety of board and card games.

1:00-4:00pm - Mahjong

2:00-4:00pm - Book Club: Meets the first Friday of the month.

Trips - 251301

MORIKAMI GARDENS TOUR

Location	Day	Date	Time	R/NR Fee
Community Center	Wed	Mar 3	9:00am-3:30pm	\$50/\$55

IKEA TRIP

Location	Day	Date	Time	R/NR Fee
Community Center	Wed	Mar 31	9:00am-4:00pm	\$20/\$25

Workshops and Seminars

The following workshops and seminars are free to attend. Unless noted otherwise, please RSVP at least three days prior to the event by calling 561-741-2400.

JMG HEALTH SEMINARS

Jupiter Medical Group is offering a monthly seminar series on your health. Light refreshments will be served.

Location	Day	Date	Time	R/NR Fee
Community Center	Tue	Feb 2	10:00am	Free
Community Center	Tue	Mar 2	10:00am	Free
Community Center	Tue	Mar 30	10:00am	Free

LUNCH AND LEARN PROVIDED BY DR. INWOOD'S OFFICE

Dr. Inwood is once again hosting a series of seminars with lunch provided.

Location	Day	Date	Time	Description	R/NR Fee
Community Center	Wed	Jan 28	12:00pm	TBA	Free
Community Center	Wed	Mar 25	12:00pm	TBA	Free

Senior Enrichment Activities -551302

WELCOME BACK DONUT SOCIAL

Call 561-741-2400 to RSVP by January 19.

Location	Day	Date	Time	R/NR Fee
Community Center	Thu	Jan 21	9:00-10:00am	Free

THURSDAY MOVIE MATINÉE

Call 561-741-2400 to RSVP by February 17.

Location	Day	Date	Time	R/NR Fee
Community Center	Thu	Feb 18	1:30pm	Free

LUNCH AND THE CLASSICS

Watch classic movies from your past while you enjoy a tasty lunch. Pre-register with Activity Code 551302.

Location	Day	Date	Time	R/NR Fee
Community Center	Tue	Feb 23	12:00pm	Free
Community Center	Tue	Apr 6	12:00pm	Free

BREAKFAST AND BINGO

Have some bingo fun, enjoy a delicious breakfast and win prizes, pre-register with Activity Code 551302

Location	Day	Date	Time	R/NR Fee
Community Center	Tue	Jan 26	10:00am	\$5/\$7
Community Center	Tue	Feb 16	10:00am	\$5/\$7
Community Center	Tue	Mar 23	10:00am	\$5/\$7

SENIOR BEACH PARTY

Join your friends and have some fun in the sun. Enjoy some beach time before indulging in hamburgers and hot dogs at the Civic Center. Pre-register with Activity Code 551302.

Location	Day	Date	Time	R/NR Fee
Civic Center	Tue	Feb 9	11:00am-12:30pm	\$8/\$10

SENIOR PICNIC

Join your friends for this fun and delicious event. Pre-register with Activity Code 551302.

Location	Day	Date	Time	R/NR Fee
Community Center	Thu	Feb 25	11:30am-1:00pm	\$8/\$10

CONCERT IN THE PARK

Pre-register with Activity Code 551302.

Location	Day	Date	Time	R/NR Fee
Abacoa Community Park	Thu	Mar 11	12:00pm	\$8/\$10

ST. PATTY'S DAY CELEBRATION

Join your friends ahead of St. Patrick's Day for a delicious lunch that any Irishman would enjoy. Be sure to wear your green!

Location	Day	Date	Time	R/NR Fee
Community Center	Tue	Mar 16	11:30am	\$8/\$10

BIG BAND DANCE

Call 561-741-2400 to RSVP by March 18.

Location	Day	Date	Time	R/NR Fee
Community Center	Sun	Mar 21	1:00-3:00pm	\$5/ea.

Social Media Channels

Follow Us on Facebook @TownofJupiter and @JupiterPolice

Follow Us on Twitter: @TownofJupiter

Follow Us on Instagram: @TownofJupiterFL

Town Council Webcast: www.jupiter.fl.us/Live

Watch Comcast: Channel 18